## Dandelion



Dandelion greens can be eaten and are an excellent source of vitamins A, C, and K.

#### Basi



Basil is native to tropical Asia and belongs to the mint family.

## Use & value renewable resources



Make the best use of nature's abundance to reduce our consumption and dependence on non-renewable resources.

## Creatively use and respond to change



The only thing that remains the same is change. Get creative. Observe and respond on time.





















The presence of these creatures as a joyous or hopeful sign.

#### Earthworm



Worms challeng you to dig deep within yourself for truth and encourages you to remain grounded when any quest.

## Coat



They can be taught their name and to come when called.

#### Well



Approximately 25% of global rainwater becomes groundwater, which supplies wells.

#### Corn



There are approximately 1,600 kernels in a single cup of unpopped popcorn.

#### Greenhouse



In a greenhouse, the sun is typically used to power the growth of plants via photosynthesis.

# Use & value diversity

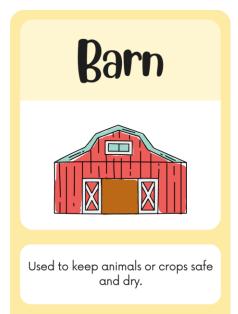


Variety is the spice of life. Take advantage of the unique nature of the environment and reduce vulnerability.

## Use edges, value the marginal



Work the interface between things, often the most valuable, diverse and protudcitve elements in the system.









#### Bill Mollison



Mollison developed permaculture after spending decades in the rainforests and deserts of Australia studying ecosystems.

## Dragonfly



Symbol of change in mental and emotional maturity and understanding the deeper meaning of life.

#### Asparagus



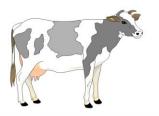
Asparagus will reproduce for up to 20 consecutive years!

#### Hay Pile



Some animals that eat hay are horses, cattle, goats, donkeys, and rabbits.





The natural yellow color of butter comes mainly from beta-carotene found in the grass the cows graze.

#### Chili Pepper



Good luck charm that is believed to protect its bearer from the envy and harmful intent of others

#### Lemon



Most lemon trees live for about 50 years, but they can live for more than 100 years.

#### Watermelon



Watermelons are 92% water and 8% sugar and are in the same family as squash and cucumbers.

#### **FirePlace**



The campfire is the central hub of making great camping memories

#### Strawberry



Strawberries contain more vitamin C than oranges.

#### Olive tree



The oldest olive tree in the world, is 4,000 years old and still producing olives!

#### Marigold



Calendula has been shown to help wounds heal faster, by increasing blood flow and oxygen to the affected area.

#### Obtain a yield



Ensure that you are getting truly useful rewards as part of the work you do.

#### APPly self-regulation & accept feedback



Self-responsibilty is what it's all about. Ensure that systems function well.

# Produce no waste



No such thing as waste. All the resources available is an opportunity to be embraced.

## Design from Patterns to details



See the bigger picture. Be a designer. Recognise successful pattern of emphasis on holistic care of the individual.

# Integrate rather than segregate



By putting the right in the right place, relationships develop between them and support each other .

## Use small & slow solutions



Small and slow systems are easier to maintain. Taking longer can make you stronger.

## Gazebo



For enjoying the panoramic view of gardens.

## **Bug Hotel**



A bug hotel attracts insects and smaller animals, providing them with shelter and a cosy, safe place to stay.

#### Sheep



They are happiest living together in groups called flocks.

## Donkey



A donkey is stronger than a horse of the same size.

#### Pig



Pigs are very clean animals.

## Rabbit



These tiny and furry animals can move their eyes 360 degrees.

## Duck



Some species can dive up to 70 m below the water, and others can fly as high as 6 km in the air.

## Bees



Honey have medicinal properties, and bees as pollinators makes them vital for food supplies.

## Chicken



Chickens have a great memory for faces!

#### Frog



Frogs are considered to be the keepers of rain and bringers of fertile weather.

#### **Fish**



Fish have a good sense of taste, sight and touch. They can feel pain.

#### **Squirrel**



They hide their food and pretend to hide the food if other animals are watching.

#### Oak tree



A cosmic storehouse of wisdom embodied in its strength. It grows slowly, but surely at its own rate.

#### Lavender



Promotes inner peace, have antiseptic and anti-inflammatory properties.

## Rosemary



It's an ancient symbol of faith, fidelity and remembrance.

#### Apple tree



An apple a day keeps the doctor away.

#### Tomato



Red tomatoes represents spiritual maturity or the way you think. You are sure that your path is right.

#### Sunflower



A color of joy and happiness, being authentic and embracing idividuality.

## Pumpkin



Represent abundance, as each pumpkin is packed full of seeds that will go on to make even more pumpkins.

## **Carlic**



Garlic has traditionally been used to ward off evil spirits.

#### Acacia tree



To live to our fullest potential, to travel and experience life in all its complexities.

## Daisy



White daisies symbolize innocence and purity.





They show us a way to survive turbulent times. Be able to bend so as not to break with the change of wind. Trust your own resilience.

## Carrot



You can plant an actual carrot in the ground and it will make seeds. They are made up of 88% water!

#### Potato



Fried, mashed, baked, twice-baked, dumplings, soup, salad.

#### MuShroom



Mushrooms are symbolic of the interconnected web of life.





A building in which something mysterious is stored.

#### House



The place where you feel that you belong.

#### Compost Toilet



A place to release your burdens, so you can become purified, cleansed, and holy.

#### Pond



A mirror for self-contemplation.